

Hospitalization and CPAP

Plan ahead if possible:

- You may be able to get your CPAP machine electrically cleared through the biomedical department. You will be more comfortable with your own equipment.
- You may need a form to receive clearance for your home equipment.

It is important to let your treatment team know you have sleep apnea:

- Your anesthesiologist (the doctor that puts you to sleep for surgery) may monitor you differently and use different medications.
- It is important to realize that when you are sedated you have sleep apnea.
- Your nurse and respiratory therapist should be aware that you have sleep apnea and require CPAP with sleep.
- Pain medications or sleep medicines commonly affect sleep apnea.

Bring all your CPAP equipment to the hospital

- Although it is sometimes preferred to use hospital CPAP equipment, sometimes your machine will be used if they do not have appropriate equipment. This is especially important if you are on a VPAP machine as they are not commonly available.
- They can get your CPAP/humidity settings off of your machine.
- Hospital masks are limited and you will be more comfortable with your own mask.
- Label every piece of your equipment with your name.
- It is important to use humidification just like you do at home.
- Oxygen can be used through your CPAP machine.

